

CURRICULUM VITEA

VIVEK ARYA

Designation – Assistant Professor (Psychology)

Mob – 8755839315

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CAREER OBJECTIVE

To work for an organization which would help in value addition serve in my career. I seek a job which will give me scope for experience and contribute towards learning.

ACADEMIC QUALIFICATION

Qualification	School/College	Board/University	Subjects	Year
10th	Shiv HS School, Rampur, UP	UP Board	Hindi, English, Math, Science, S.St., Drawing	2010
12th	Vidya Mandir Inter College, Rampur, UP	UP Board	Hindi, English, PCM	2012
B.A.	Dixit College of Higher Education, Rampur, UP	MJPRU, Bareilly	Psychology, Sociology	2015
M.A.	Govt. Raza PG College, Rampur, UP	MJPRU, Bareilly	Psychology	2017

PROFESSIONAL QUALIFICATION

Qualification	School/College	Board/University	Subjects	Year
Ph.D.	PNG Govt. PG College, Ramnagar, Nainital, UK	Kumaun University, Nainital	Psychology	Persuing
NET		UGC NTA	Psychology	2020

EXPERIENCE

- Worked as an Assistant Professor (Guest) of Psychology in Shaheed Rajguru College of Applied Sciences for Women (University of Delhi) since Date – 12.09.2023 to Date – 20.05.2024
- Worked as a Guest Lecturer of Psychology in Soban Singh Jeena University, Almora, Uttarakhand since Date – 06.01.2022 to Date – 09.09.2023
- Worked as a Counsellor and Wellness Teacher in Army Public School, Almora, Uttarakhand from 01.09.2021 to 31.12.2022

RESEARCH PAPERS

- Published in International Journal of Research in Humanities and Social Sciences (Peer Reviewed, Referred & Indexed Journal) Vol. 8, Sp. Issue 1, July: 2020, ISSN (Online) 2320-771X, Paper Title – विज्ञान वर्ग के किशोरों में कोविड-19 के कारण बढ़ता तनाव, Page – 308-323.

- Published in Printing Area International Interdisciplinary Research Journal (Peer Reviewed International Referred Research Journal) Vol. 01, Issue 96, December 2022, ISSN – 2394-5303, Paper Title – आर्मी परिवेश एवं गैर आर्मी परिवेश के किशोरों में तनाव की स्थिति का तुलनात्मक अध्ययन, Page – 143-146.
- Published in Printing Area International Peer Reviewed Research Journal, Issue – 109, Vol – 01, January 2024, ISSN 2394-5303, Paper Title – किशोरियों के सांवेगिक बुद्धि एवं स्वस्ति बोध के मध्य सहसम्बन्धता का अध्ययन, Page – 148-151
- Published in International Journal for Innovative Research in Multidisciplinary Field (Peer Reviewed, Refereed, Indexed Journal), Special Issue – 52, Vol – 10, June 2024, ISSN(O) 2455-0620, Paper Title – स्नातक स्तर की छात्राओं में आत्म सम्प्रत्यय तथा समायोजन का सहसम्बन्धात्मक अध्ययन, Page – 39-42.

PAPER PRESENTATION

S.NO.	TITLE OF PAPER	TITLE OF SEMINAR/ CONFERENCE/ WEBINAR/ WORKSHOP	YEAR
01.	उच्च शिक्षा की समस्याएं एवं चुनौतियां : वर्तमान परिप्रेक्ष्य में	National Seminar on Higher Education in Present Context: Challenges and Prospects (Rampur, Uttar Pradesh)	2019
02.	किशोरों में बढ़ते तनाव का सकारात्मक मनोविज्ञान से उपचार	National Seminar on Modern Perspectives of Positive Psychology and Health Management in India (Rae Bareli, Uttar Pradesh)	2020
03.	किशोरों में बढ़ते तनाव के कारण अशांति व आत्महत्याएं	National Seminar “Unrest Among Indian Youth” (Moradabad, Uttar Pradesh)	2020
04.	किशोरियों के सांवेगिक बुद्धि एवं स्वस्ति बोध के मध्य सहसम्बन्धता का अध्ययन	National Seminar “Sustainability in Health and Well Being: Prospects, Issues and Challenges.” (Ramnagar, Nainital, Uttarakhand)	2023
05.	सोबन सिंह जीना विश्वविद्यालय, अल्मोड़ा के योग विज्ञान विभाग के विद्यार्थियों के स्वस्ति बोध का तुलनात्मक अध्ययन	International Conference “Role of Yog and Indian Culture in Developing A New World” (Almora, Uttarakhand)	2023
06.	स्नातक स्तर की छात्राओं में आत्म सम्प्रत्यय तथा समायोजन का सहसम्बन्धात्मक अध्ययन	International Conference on Advance Research & Studies (Kathmandu, Nepal)	2024

WEBINAR OF FACULTY DEVELOPMENT & RESEARCH CENTRE, NEW DELHI

S.NO.	LEVEL	TITLE OF WEBINAR	YEAR
01.	5 Days National Webinar (AWES-FDRC)	Pedagogy for Inclusive Education (FDRC, Delhi Cantt.)	2021
02.	5 Days National Webinar (AWES-FDRC)	An Approach to Understand the Gifted (FDRC, Delhi Cantt.)	2021

PERSONAL DETAILS

- Date of Birth 25.12.1995
- Joining Date 07.08.2024
- Father's name Mr. Ramesh Chandra Arya
- Mother's name Mrs. Indra Arya
- Gender Male
- Category Schedule Caste
- Marital status Unmarried
- Address Vill Naughar Tehsil Betalghat Dist Nainital Uttarakhand 263134

DECLARATION

I hereby declare that the information furnished above is true to the best of my knowledge.

Date –

Place - Nainital

Vivek

(VIVEK ARYA)

